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Judy's Top Five

Comments

November 10, 2010

Suggestions for things to do in Evanston, with comment from staffer Judy Brinkworth. To suggest an event for this page, e-mail Judy at ibrinkworth@pioneerlocal.com.

My wishes are few, she says humbly. Sign up now to make a holiday gift in this workshop taking place at 1 p.m. Nov. 20 at the Fleetwood-Jourdain Community Center, 1655 Foster St. Professionals will help participants create a unique gift. For fees, which include supplies and instruction, and to register, call (847) 448-8254.

Here is the only holiday gift I want: "Peace on earth, let's not be moody/Good will to women, especially Judy." Amen

In red, yellow or blue, I don't care. A Rock 'n' Roll Robotics class, for children in third through sixth grades, will be held from 4:30-6 p.m. Thursdays, Nov. 18 to Dec. 16, at the Levy Center, 300 Dodge Ave. Using the LEGO WeDo Robotics System, participants will build performing animals and more. For fees and to register, call (847) 448-8250

Dear Mr. LEGO (Lennie? Lester? Leopold?): How about formulating a LEGO robot to meet these specifications: A peppy plastic progeny who never moans, "Chickenagain," (one whiny word) when dinner is served; or a pleasant plastic princess who never flounces in the kitchen and announces, "Gina's mother bakes her own cakes, she doesn't get them from Jewel and then smear the frosting a little on the side so they look 'homemade,' which they never do"; or a personable plastic pip-squeak who says, "Why thank you dear mother for reminding me to keep my room clean," instead of, "OK, OK, you don't have to keep nagging a million times!" Sincerely, Judy "If one of the aforementioned little plastic persons is made available, I'll adopt" Brinkworth.

What's in a name? Oh, be quiet. An exhibition of abstract paintings inspired by daily life in a Chicago neighborhood is on display through Dec. 9 at the Dittmar Gallery, on the first floor of Norris University Center, 1999 Campus Drive, on Northwestern University's Evanston campus. "Intense Brightness" features works by Chicago artist Licha DeLaPena. Admission is free. For more information call (847) 491-2348 or via e-mail at dittmargallery@northwestern.edu.

The artist's name is Licha DeLaPena. Isn't that lovely -- sounds like an entrancing song trilled out over the Tuscan hills -- Licha DeLaPena. As opposed to Judy Brinkworth, which sounds like plodding downstairs with a pronounced limp: Judy (thud) Brinkworth, Judy (thud) Brinkworth. I could insert my maiden name, but it wouldn't help: Judy (pause) Wren (thud) Brinkworth, Judy (pause) Wren (thud) Brinkworth. I get depressed.

Move over, Kanye West. YSTEP, the Youth and Senior Theater Ensemble Project, presents an original play that was conceived and developed, and will be performed by, local high-school students and seniors. The performance will take place at 5 p.m. Nov. 18 at the Levy Center, 300 Dodge Ave. Admission is free. For more information call

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I have submitted a hip-hop "challenge" duet for the seniors and high-school kids in this theater project: Seniors — "We may be old, our knees have dimples/But at least we're past the age of pimples", Kids — "Let's hear it for gramps, let's hear it for granny/we think they're great, though droopy in fanny." I see a recording contract. Or total rejection.

And finally ... I almost forgot -- and look like George Clooney. Get in shape for winter with personal training. For those 18 and older, a personal training package is offered at the Lew Center, 300 Dodge Ave. Choose from five or 10 sessions, and 30 or 60 minutes. For more information, cost of programs and to register, call (847) 448-8250.

Here's what Judy expects from a personal trainer (PT): If I can only do half a push-up and fall on the floor, my PT will say, "You're doing fine,

Judy, just fine"; if I attempt a knee-bend and fall on the floor, my PT will insist, "You're doing fine, Judy, just fine."; and, while on the floor, when I whine, "No one appreciates me -- my hero, my kids, my editor," my PT will announce to the world, "She's doing fine, just fine, she's one perfect person!" That's what I want, send me your resumes. (Oh, and be able to say "When I whine" 18 times fast, just because.)

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